

## Elaine Helfman

*Housewife*

A mother of three and a grandmother of eight, this vivacious lady has enough energy to fill any room she enters. Six months ago, Ms. Helfman needed to have hip surgery.

“With the exception of having my kids, I have never needed to go to the hospital,” she said.

As most folks that need to have surgery, her concerns were mainly the physicians’ capabilities, cleanliness and the level of care that was offered. “At my age, my biggest concern was finding the right physician and a hospital with the least amount of probability for infection.”

After interviewing numerous physicians, Ms. Helfman felt the



most comfortable with a Fondren Orthopedic Group surgeon. She was discharged from the hospital four days later after her surgery.

“I was surprised and impressed with the level of after-care the physician, nurse and staff provided me. I knew what I had to have ready at home and what to do to get better. The positive encouragement that I received during my rehabilitation also helped me recover and heal much faster.”